



November, 2020



Bell Schedule

take a pic with your phone

- Grade 9/10's
- P1 7:55-9:10
- P2 9:15-11:15
- FLEX 11:15-11:45
- LUNCH 11:45-12:15
- P4 12:20-2:20**
- FLEX 2:20-2:50

**P4 Mon/Thurs students A-L
Tues/Fri students M-Z

- Grade 11/12's
- P1 7:55-9:10
- BREAK 9:10-9:25
- P2 9:30-11:30
- FLEX 11:30-12:00
- LUNCH 12-12:30
- P4 12:35-2:35**
- FLEX 2:35-3:05

**P4 Mon/Thurs students A-L
Tues/Fri students M-Z

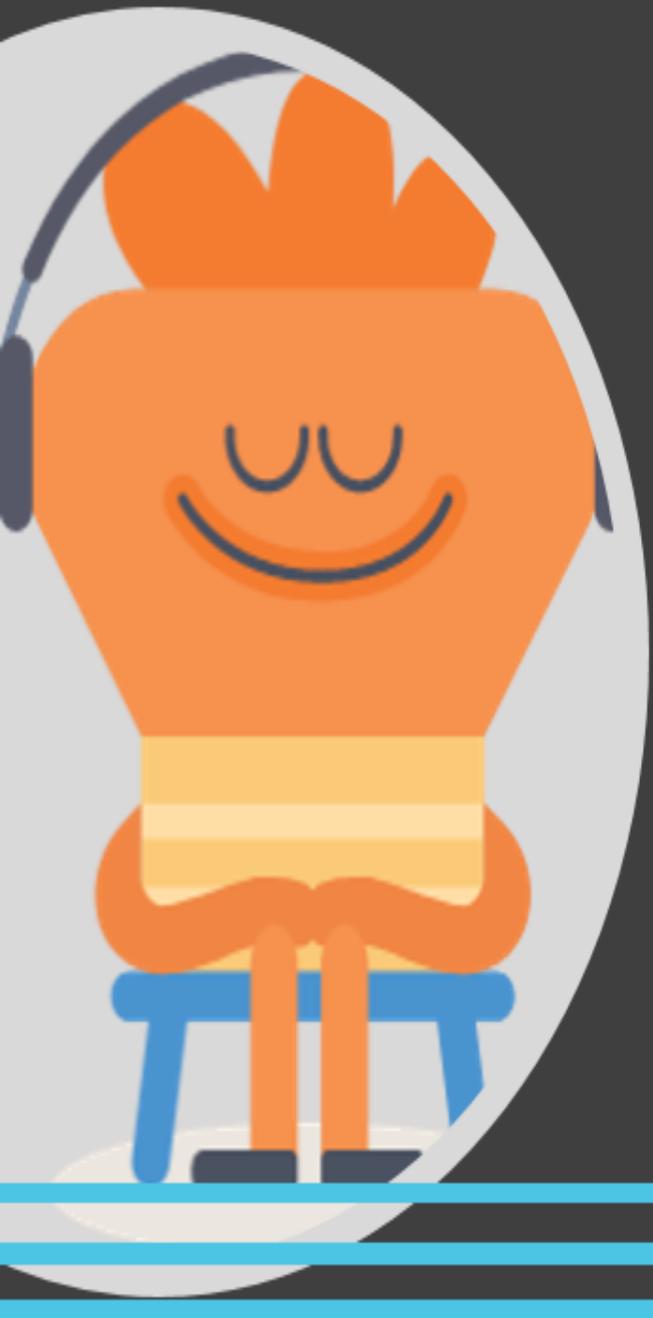


**On Tuesday
and
Wednesday
from 11:30-
12:30 in the
grand hall...**



**We are
drawing
tranquility
basket and
yoga passes
prizes!!**

**Mark
the
dates,
come
down
and
have the
chance
to win a
prize!**



MOVE4MANA

Mindfulness Week

**DOUBLE
POINTS** go to
new mindful
activities on
**Active For
Good!**

**Do some journaling, yoga,
reading, meditation, and walks
this week to gain many points!**

WE HAVE NEWS!

Top 4 classes with the most packets at the end of the challenge will be competing in a MANA challenge to win the WhiteSpot Meal!



JOIN MOVE4MANA CHALLENGES TO WIN PRIZES!



- Tranquility basket
- Art basket
- \$50 amazon gift card
- iPad
- Beats headphones
- AirPods Pro
- Apple watch (teachers)
- Vashtie rose ice cream

**Stay tuned for these
upcoming prizes! It's not
too late to sign up!**

**WOULD THE FOLLOWING STUDENTS PLEASE
COME TO THE HWSS MAIN OFFICE:**

**NATHAN CHOW
ELLIOT HOWKER
WILLIAM LEE
NATALIE PERAZA
RYAN TROMMEL
RAY ZHANG**

**The KODIAK WEAR on-line store is open
until November 15th!**

<https://store.passionsports.ca/hwss>



Mr. Bell's CLC 12

Wednesday, November 4th

11:30am - 12:00pm (Flex)

Library

Ms. Saloustros' CLC 12

- There is a mandatory meeting Thursday Nov. 5th in the THEATRE during FLEX 11:30am.

GR 9 - TAKE YOUR KID TO WORK DAY – NOVEMBER 4 **CANCELLED**

HWSS will not be participating in this event this year. It will be a **regular** school day for grade 9s.

*If your Mom or Dad has a special virtual opportunity with their employer, you are of course welcome to excuse them to participate in that activity.

Please be sure to inform the HWSS office if you will be participating in a virtual work opportunity.

GRAD PORTRAITS & BUDDY PHOTOS

Visit Gallery Link: <https://vando.imagequix.com/N9X659C>

→ Your Access Code is your Student ID Number

- ***ID Number?** Your Student ID Number is on your ID card and is the same number every year. You can also find this number displayed on the information sheet that was given out at your appointment from GradsBC.

**Order Deadline: Tuesday November 10th,
9:00pm**

Questions?

- **Please email orders@gradsbc.com or call 604-461-3722 Monday to Friday 8:30am to 4:30pm.**



**MATH CONTEST:
TIME TO REGISTER FOR THE
CIMC AND CSMC
NOVEMBER 18, 2020**

Open to grade 9-12
Cost is 15\$

Please email Ms. Paisley (mpaisley@sd43.bc.ca) to register
with your name and grade.

Bring your fee to RM 232 by Monday Nov 2nd
Contests will be written at home on Nov 18th.

Year Book Notification

- Grads, your baby portraits, quote and most likely to is due now.
- Grades 9-12, please verify the spelling of your name for the Yearbook, a printout is found on the 3rd floor on the bulletin board at the top of the main front stairs by the business education department.
- Also, those of you who have a preferred name, please write out your preferred name on the same printout.



FOODS 11 SPRING SEMESTER STUDENTS of:

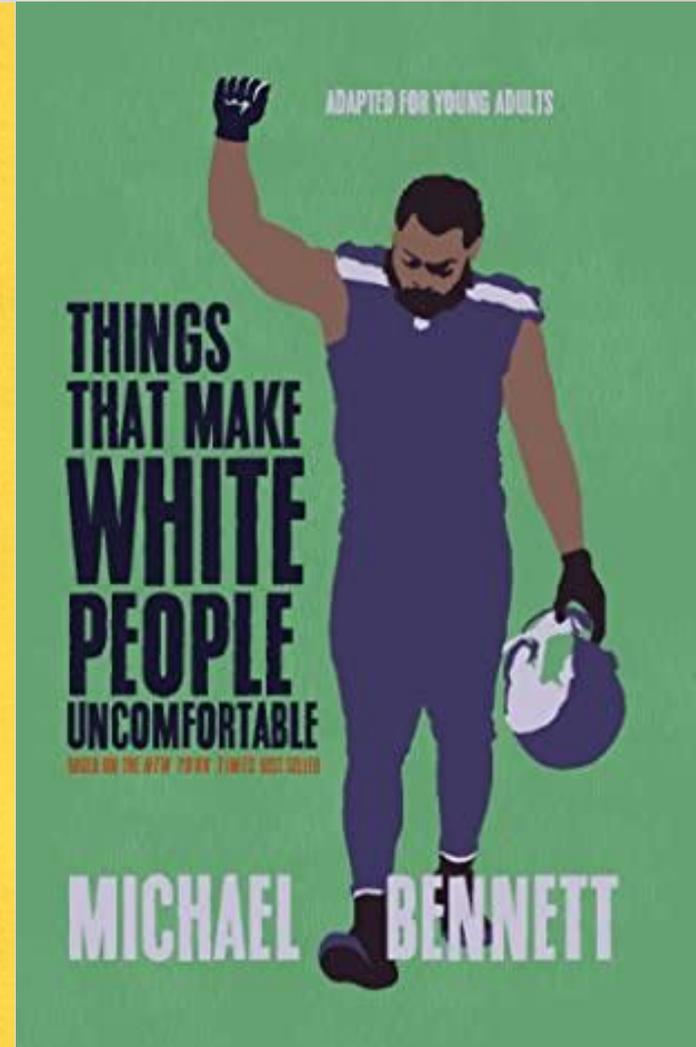
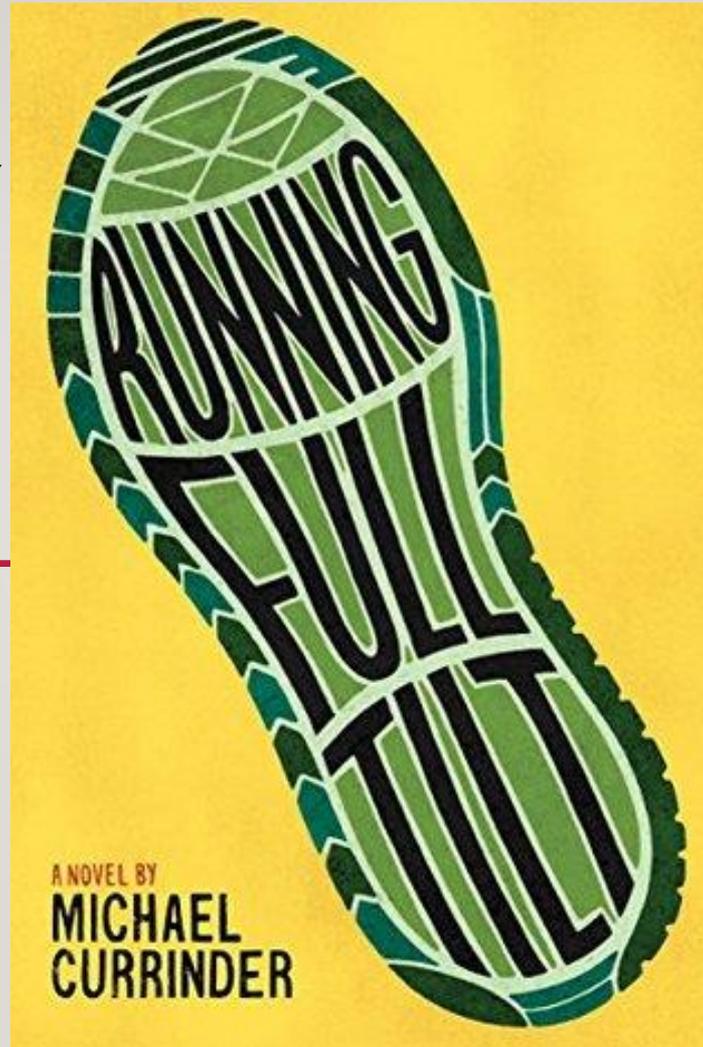
Ms. Watt, Mr. Chan and Ms. Wood

**If you have not picked up your Foods Safe Certificate,
please go to the office.**

**The certificates are filed by
advisory number.**



NEW LIBRARY
BOOKS –
COME AND
CHECK THEM
OUT!



KODIAK ATHLETICS



CLUBS



VIRTUAL MEETINGS ON TUESDAYS

GARDENBANK SOCIETY

Interested in nurturing nature and fighting food shortages?

- Food Drives
- Planting school gardens
- Fundraisers
- Recycling
- Community events
- Volunteer hours
- Excellent on university applications

SCAN HERE:



JOIN THE PHYSICS CLUB

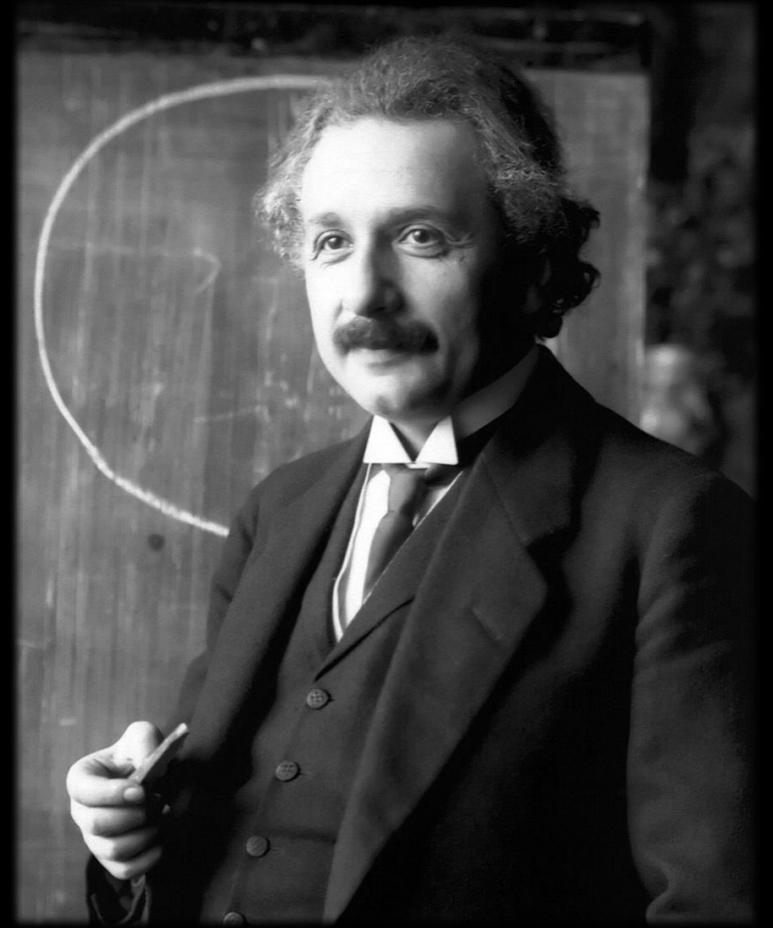
WHO:

All physics enthusiasts!

Join by emailing:

Jennifer Zhang

127-jzhang2@sd43.bc.ca



**“I have no special talents,
I am only passionately curious”**

KODIAK PRIDE

- Social Hang Out
- Social Justice
- Fundraising

- Fun community
- Support
- Awareness

Want a place to socialise, support and just hang out?

A place that is non-judgemental and all inclusive?

ALL are welcome. Grab a snack and join us online.

Virtual Hang Out

Thursdays at 3:30

Email kleeden@sd43.bc.ca with any questions or to be added to the Teams group



ABORIGINAL YOUTH LEADERSHIP CLUB (AYLC)

The Aboriginal Youth Leadership Club (AYLC) is starting once again. The aim of the AYLC is to explore and celebrate Indigenous cultures and perspectives while developing leadership skills, confidence and sense of belonging. In the past there have been such activities as canoeing, weaving, nature walks for medicines and cultural teachings such as Medicine wheel, and as well, opportunities for youth to do volunteer activities for our community events. Meetings will be monthly, and the duration will be 90 mins. For those interested in joining the AYLC, please send your name to awaunch@sd43.bc.ca Space will be limited due to Covid restrictions and as set out by the Provincial Health Authority.

HWSOAP TUTORING

Contact hwsaptutor@gmail.com for free
online peer tutoring in all school subjects!



CAREER CENTER



Grade 12 students: Scholarships!!

Please see the link for a power point presentation with information on some upcoming major scholarship opportunities.

- You will find links to these plus other scholarships on the career centre webpage under the Finances/Awards tab.
- This PPT is also located on the front page of the Finances/Awards page.
- <http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>
- Scholarships are listed by due date. Most are external but some are entrance/school specific so check both places.
- Please remember to check back to that page regularly. It is updated as information is released for 2021 scholarship deadlines and procedures.

If you have questions about scholarships please email Ms. Butler
dbutler@sd43.bc.ca

Upcoming SD43 virtual Info sessions:

Tuesday November 03 4pm UBC Sauder School of Business:

All attendees can access the session using the Zoom information below:

<https://zoom.us/j/2248493041?pwd=SUdiMEo2M3JQNk5FRFFNbDFsY3BuZz09> Meeting ID: 224 849 3041 Passcode: 7Y58mU

***for HWSS students ONLY**

NOTE: this is a student-led session by current Sauder students

- Tuesday November 10 4 pm Gustavson School of Business at UVic Join the Zoom Meeting <https://uvic.zoom.us/j/86359958620?pwd=UUJ6L3RKbWZqd0FFNWkrQlhIWGRzQT09> Meeting ID: 863 5995 8620 Password: 644097
- Tuesday November 17 3:30 pm SFU- SIAT Presentation <https://sfu.zoom.us/j/81804465265?pwd=N05JcnRWaUhGMFVLWFdpcE5tT0xpZz09>
- Wednesday November 18 6 pm SFU: <https://sfu.zoom.us/j/89231081304?pwd=aXhaZXQ3aytKM2pqNHA2MUFsZ2p2QT09> Meeting ID: 892 3108 1304 Password: 620941
- Thursday November 19 4 pm – University of Calgary: save the date, link not yet available
- Thursday November 19 3:30 pm Douglas College Register in advance for this meeting: <https://douglascollege-ca.zoom.us/meeting/register/u5Muf-uqqD4rHdVSsx5vhW89zkHg1WxnsDah> After registering, you will receive a confirmation email containing information about joining the meeting.
- Monday November 23 5 pm Douglas College <https://douglascollege-ca.zoom.us/meeting/register/u5lqce-qqjoiG9f6MFFYEcaxF-Jnhlo4lb85> After registering, you will receive a confirmation email containing information about joining the meeting.
- Wednesday November 25 3:30 pm Douglas College Register in advance for this meeting: <https://douglascollege-ca.zoom.us/meeting/register/u5Atc-Gqrz8tE9W3uCps4ljWhv94le72iBqS> After registering, you will receive a confirmation email containing information about joining the meeting.

Upcoming SD43 Virtual Info Sessions continued . . .

- ▶ Wednesday November 25 4 pm – University of Calgary:
https://ucalgary.zoom.us/meeting/register/tJAvd0yhrD8rG91b08GUTj0DfCdfmrws1_9k
Registration is open NOW
- ▶ Thursday November 26 4 pm Ryerson University: Save the date
<https://ryerson.zoom.us/j/99862028623?pwd=bVpDR0dBTEJwVSt0aU52dXhRK2puZz09>
Passcode: 496262
- ▶ PSBC Tri-Cities Fairs:
Wednesday November 4th 2 – 6 pm
Thursday November 5th 3 – 7 pm
- ▶ Community Fairs open to anyone
Saturday, November 14 Noon – 4:00 pm
Wednesday, December 2 3:00 – 7:00 pm
- ▶ PSBC Registration link: <https://postsecondarybcvirtualfair.easyvirtualfair.com>



CANADIAN MEDICAL HALL OF FAME DISCOVERY DAYS IN HEALTH SCIENCES NOVEMBER 17, 2020

QR code →



Our modified virtual half day program comprises a keynote lecture, an interactive workshop and a career panel discussion. As always, participants will have the opportunity to select their own workshop. Please note that, although our delivery model has been adapted temporarily, the program is still considered an individual learning opportunity and workshop spaces continue to be limited.

- <https://forms.office.com/Pages/ResponsePage.aspx?id=74xl2ZICUkKZJWRC3iSkS12gtRqqkPhHgSV4d06Pfd1UMjJZNUpQR1pZVU02UzVOSkZSWkE2OFNUVy4u>

<https://www.cdnmedhall.org/bcchri2020>



ARE YOU UP TO THE CHALLENGE

FUTURE BUSINESS LEADERS VIRTUAL CONFERENCE
FALL 2020

FRIDAY NOV 13, 5:00PM-7:30PM

&

SATURDAY NOV 14, 10:00AM-4:00PM

Are you a Future Business Leader?

- KPU is hosting a two-day business conference for Grade 11/12 high school students. Winners of the competition will be given an Entrance Scholarship to KPU's School of Business and will be crowned the Future Business Leaders of 2020.



ARE YOU UP TO THE CHALLENGE

Benefits for Students

- KPU scholarships for the winning team
- Win the title of "Future Business Leaders of 2020"
- Mentorship from KPU Business Faculty
- Gain university-level business skills
- Network with industry professionals

2020 Prizes for Students

1st Place Team: \$1000 tuition award + \$50 Visa Gift card for each member of the team

2nd Place Team: \$50 Visa Gift card for each member of the team

3rd Place Team: \$25 Visa Gift card for each member of the team

OOO NATIONAL PORTFOLIO DAY

**SET
YOUR ART
APART**
↔



FREE + ONLINE PORTFOLIO REVIEWS

Events

For High School students and High School graduates

Sunday November 8
Sunday November 15
Saturday November 21
Sunday November 22
Saturday December 5

- <https://nationalportfolioday.org/schedule/>
- Register now at <http://nationalportfolioday.live>



Ticket Cost
Free for high school
/ CEGEP students

**Interested in studying STEM in
university or college?
Register for SheBiz 2020!**



Have you been thinking about studying Business, Science, Technology, Engineering or Mathematics after high school but not sure where to start? SheBiz 2020 is the perfect opportunity to learn more about careers in Finance from current university students and professionals in the industry.

We'll have representatives from some of Canada's largest financial institutions and universities that you'll be able to talk to and learn from directly.

Don't miss out on this exciting event, tell your friends and make sure to register before it's too late!

Wednesday, November 25, 2020

12:30PM - 3:30PM EST

Virtual on Hopin

SFU – Beedie School of Business



Are you interested in attending the SFU Beedie School of Business?

Webinars

- We will be hosting webinars on Wednesdays at 4pm. All are welcome to attend, and registration can be made at beedie.sfu.ca/bachelor-of-business-administration-webinars
- **Interactive Viewbook**
- Our interactive viewbook, complete with stats, student testimonials, and video content is now available! Go to bottom of the page on beedie.sfu.ca/bba to take a look.
- **Connect with a Current Student or Advisor**
- Do you have questions about the SFU experience? Are you interested in tips on how to make a successful transition to university from someone who's already done it? Book a video conference chat with a current SFU Beedie student or one of our advisors at sfubeedie.janeapp.com.
- If all advisor slots are booked, send us an email at bsb_admit@sfu.ca to set up a time.

Post-Secondary BC Events: Registration information not yet available but will be soon.

<https://www.postsecondarybc.ca/events/>

https://www.youtube.com/watch?v=t7-Ath_mH2E

- Wednesday, November 4 2:00-6:00 Tri-Cities
- Thursday, November 5 3:00-7:00 Tri-Cities
- Saturday, November 14 12:00-4:00 Community Event
- Wednesday, December 2 3:00-7:00 Community Event

***this event will feature the 25 BC post-secondaries**

SFU / UVIC / UBC / U OF T

SFU:

- <https://www.sfu.ca/students/admission/campus-tours.html>
- Prospective Undergrad students

UVIC:

- November 12, 17, 24
- <https://www.uvic.ca/undergraduate/tours-events/events/index.php>

UBC:

- **Future students Live Virtual Vancouver Campus tours throughout September and October, listed on the Undergraduate Future Student Portal:**
- <https://account.you.ubc.ca/s/events>

U of Toronto:

- [U of T Webinar for Prospective Students](#)
Monday, November 9 at 8:30 AM
- [U of T Webinar Prospective Students](#)
Monday, November 16 at 6:00 PM
- [U of T Webinar for Prospective Students](#)
Monday, November 23 at 8:30 AM
- **This is just a small sample of the events happening.**
- **For virtual information session schedules at other universities please log on to the school admissions website to find information.**
- **We are also in the process of scheduling some HWSS or SD43 specific information sessions. Stay tuned for those!**

TD SCHOLARSHIPS FOR COMMUNITY LEADERSHIP

Community heroes do good work because they are inspired to, not for the recognition.

TD is committed to opening doors for a more inclusive and sustainable tomorrow, creating conditions so everyone has the chance to succeed in a changing world. Unique in Canada, the TD Scholarships for Community Leadership are offered to students who, like TD, help support change, nurture progress and contribute to making the world a better place. Have you shown exceptional initiative in making a meaningful and lasting difference in your community? Then we want to hear from you, as you may qualify for one of our Community Scholarships. It's not just about marks in the classroom, but rather the marks you have made on your community.

- We're interested in hearing from students who have demonstrated consistent and outstanding dedication to solving a community problem or making their community a better place. For example, you may be cleaning up the environment, promoting social justice, or fighting child poverty.

Applications are now open. Deadline to apply November 13, 2020

- <https://www.td.com/ca/en/personal-banking/solutions/student-banking/community-leadership-scholarship-for-canadians/?cid=DFA:24400322:2951408:277133729:135942033>

REPEAT NOTICES



Drop-In Youth Sports Port Moody Recreation Complex



Drop-in Youth Sports

Fridays 5-9pm & Saturdays 4-8pm
at the Recreation Complex

- \$12 for 45-minutes of court time
- Up to 4 players on the court at a time
- You must pre-register for your session
- Registration opens 24 hours in advance
- Register at portmoody.ca/signmeup or 604.469.4556
- For youth in grades 6-12

 @pomoyouth

Special measures will be in place to help prevent the spread of COVID-19, including extra cleaning of indoor areas, limited class sizes, and physical distancing when possible.

portmoody.ca/youth | 604.469.4556

PORT MOODY
CITY OF THE ARTS